

SW6



HOT PROPERTY

What's in demand
in Parsons Green

TAKE ROOT

Discovering Fulham
Palace's prized tree

SUMMER IN THE CITY

Ideas and events to help you make the most of your staycation

Looking good

Summer is the time to get into shape and make sure you look great. These local businesses can help!



MGHYPNOSIS

Are you on track with your 2010 goals? Do you want help with confidence to take on a challenge? Are you stuck in a rut and can't get motivated? From weight loss and phobias to life coaching, Marygrace can help you face your mental blocks, and once and for all get your life sorted with confidence, less stress and fun.

Contact Marygrace Anderson on 07931 547 414 or visit www.mghypnosis.co.uk

ATELIER-M LONDON SALON & SPA

Atelier-M stands for artists' studio. Customer service, quality of work, product line and that extra step make Atelier-M unique. Atelier M's hair designer uses his skill, passion and love for hair to give a look, a style tailored to suit you as an individual resulting in soft, shiny full of movement beautiful hair!

**For an appointment call 020 8785 4759
209 Lower Richmond Road
Putney SW15 1HJ
www.meetasbeauty.com**



OH-SO CLINIC

Be beautiful and feel fantastic this summer. If you want to drop a size and feel rejuvenated, then choose from a wide variety of treatments at Oh-So Clinic. Treatments cover: IPL and laser, injections for lines and wrinkles, CACI facial, acne and acne scars, abnormal pigmentation and foto-ageing, as well as treatments to help reshape your body and smooth your cellulite.

**117 Wimbledon Park Road
Southfields SW18 5TU
020 8870 9882
www.oh-so-smooth.com**

THE LONDON ACADEMY OF PERSONAL FITNESS

Make this the year that you get fit, tone up and establish a healthy regime once and for all! Learn how with one-to-one personalised training at home with The London Academy of Personal Fitness.

Call to arrange your first session now on 0844 415 0929; www.lapf.co.uk





THE STVDIO

This salon offers a comprehensive range of hair and beauty services. From creative cutting to cleverly placed highlights, colours that shimmer and the famous Brazilian Permanent Blow Dry, as well as caci non-surgical facelift, Yonka facial, green peel facial, Ginny eyelash extensions and Swedish aromatherapy massage – there is quite an array! New clients get 20% off their first visit. Contact The Stvdio, 35 Webbs Road, Battersea SW11 6RU.

020 7350 2636

www.thestvdio.co.uk

info@thestvdio.co.uk



ABSOLUTE PILATE PLUS

Absolute Pilates Plus is a boutique studio space designed to give you a full body workout. Specialising in dynamic reformer-based pilates whilst offering a variety of other workouts. The studio offers classes in: Dynamic Reformer pilates, boxercise, spinning, kettle bell training, legs bums and tums, and kick boxing.

Book your FREE CLASS by registering online www.absolutepilatesplus.com 020 7731 3704

info@absolutepilatesplus.com

THE GLASSHOUSE

The revolutionary prescription Obagi-C Rx skin system intervenes to correct the early signs of aging and environmental damage, preventing future damage and protecting the beautiful young-looking skin you have. Clinical studies show that the system reduces hyperpigmentation and signs of premature aging within a few weeks of treatment. With consistent use, patients notice healthier, more vibrant, and youthful-looking skin.

**16 Abyssinia Close, Northcote Road
Battersea SW11 1ER; 020 7223 7372**

www.theglasshouseclinic.com



BARE

DellaCura face serums are made up of essential oils and fruit and nut oils – no artificial ingredients, petroleum carriers, preservatives, water, or parabens. All the ingredients are 100% active, which means your skin gets 100% of the nourishment it needs to stimulate nature's repair process and promote faster, healthier cell renewal. The result is healthier, more beautiful skin! Available in the UK exclusively at Bare.

17 Webbs Road, Battersea SW11 1XJ

020 7924 2461; www.dellacura.com



CHARLES CARTER HAIR

Marvel-Lash semi permanent eyelash extensions offer natural-looking, beautiful lashes that thicken and lengthen with immediate results. Marvel Lashes are perfect for all occasions and you can even add mascara for that extra wow factor. Lashes start from £90 and last between four and six weeks.

020 8677 4609

info@charlescarterhair.com

www.charlescarterhair.com